

Product Spotlight: Lemon

WA is quite lucky when it comes to lemons; they're in season for a while! Lemons are not only a great way to add some acidity to your dishes, but they also add heaps of vitamin C.



A creamy mayonnaise potato & egg salad, fresh veggies, and white fish fillets baked with a crunchy panko & seed topping. Great indoors, even better on the lawn for a quick weeknight backyard picnic adventure!





C. C. C.

ALM.

Instead of boiling the eggs and adding to the potato salad, you can scramble, poach or fry them.

14 December 2020

FROM YOUR BOX

POTATOES	400g
FREE-RANGE EGGS	2
CHIVES	1/2 bunch *
PANKO/SUNFLOWER SEED MIX	1 packet (60g)
LEMON	1
WHITE FISH FILLETS	1 packet
DILL & PARSLEY MAYONNAISE	1 tub (50g)
CELERY STICK	1
ΤΟΜΑΤΟ	1
SUGAR SNAP PEAS	1/2 bag (75g) *

*Ingredient also used in another recipe

FROM YOUR PANTRY

olive + oil/butter (for cooking), salt, pepper

KEY UTENSILS

2 saucepans, oven tray

NOTES

Add the eggs to the potato pot for the last 7 minutes of boiling if preferred.

No fish option – white fish fillets are replaced with chicken schnitzels. Cook as per recipe, increasing cooking time to 15–20 minutes.

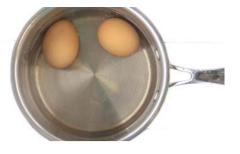
No gluten option – panko/seed mix is replaced with gluten-free quinoa flakes & sunflower seeds. Cook as per recipe.



1. COOK THE POTATOES

Set the oven to 220°C.

Halve potatoes and place in a saucepan, cover with water. Bring to the boil and simmer for 10 minutes or until tender. Drain and run under cold water.



2. COOK THE EGGS

Bring a small saucepan of water to the boil. Add eggs and cook for 6-7 minutes (see notes). Cool under running cold water. Peel and quarter.



3. COOK THE FISH

Chop the chives. Combine panko mix with 1 tsp lemon zest, <u>1/2</u> the chopped chives, **2 tbsp oil, salt and pepper.** Place fish on a lined oven tray and press topping on top. Place in the oven for 10–15 minutes or until cooked through.



4. FINISH POTATO SALAD

In a large bowl, mix together remaining chopped chives, mayonnaise and juice from 1/2 lemon (wedge remaining lemon for serving.) Dice celery and mix through dressing with potatoes and eggs. Season with salt and pepper.



5. SLICE THE TOMATOES

Wedge tomatoes and trim sugar snap peas. Drizzle with **olive oil** and season with **salt and pepper**.



6. FINISH AND PLATE

Serve fish with potato salad, tomatoes, sugar snap peas and a lemon wedge.



